

## GRANOLA BARS



### APPLE CRANBERRY

#### Pack Specifications

Qty 6 x 26.3g  
Weight 158g  
Dimensions 5.75" h x 6.5" l

#### Case Specifications

Qty 12 x 6 x 26.3g  
Weight 1.89kg

#### Pallet Specifications

Qty 88 x 12 x 6 x 26.3g  
Weight 166.85kg

#### Nutrition Facts

Amount	% Daily Value
Calories 100	
Fat 2.1 g	3%
Saturated 0.4 g	2%
+Trans 0 g	
Cholesterol 0 mg	3%
Sodium 80 mg	6%
Carbohydrates 19 g	4%
Fibre 1 g	4%
Sugars 6 g	
Protein 1 g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	2%

Ingredients: Granola cereal (whole grain rolled oats, modified milk ingredients, soybean oil, whole grain wheat flakes, brown sugar, honey, fancy molasses), sugar/glucose-fructose, crisp rice (rice flour, sugar, salt, calcium carbonate, barley malt extract, distilled monoglycerides), dried apple, dried cranberries (cranberries, sugar, sunflower oil), soy lecithin, sorbitol, salt, glycerol, guar gum, citric acid, natural flavor (apple and cranberry). MAY CONTAIN PEANUTS, OTHER TREE NUTS AND SULPHITES.



### FLAX & FIBRE

#### Pack Specifications

Qty 6 x 30g  
Weight 180g  
Dimensions 5.75" h x 6.5" l

#### Case Specifications

Qty 12 x 6 x 30g  
Weight 2.16kg

#### Pallet Specifications

Qty 88 x 12 x 6 x 30g  
Weight 190.08kg

#### Nutrition Facts

Amount	% Daily Value
Calories 110	
Fat 1.5 g	2%
Saturated 0.5 g	3%
+Trans 0 g	
Cholesterol 0 mg	
Sodium 80 mg	4%
Carbohydrates 22 g	7%
Fibre 1 g	4%
Sugars 8 g	
Protein 2 g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	2%

Ingredients: Granola cereal (rolled oats, modified milk ingredients, crisp rice (rice flour, sugar, salt, calcium carbonate, barley malt extract, distilled monoglycerides), brown sugar, whole wheat, soy nuggets (isolated soy protein, tapioca starch, salt), oat bran, soy fibre, soybean oil, brown flaxseed meal, soy lecithin, honey, apple juice concentrate, sugar/glucose-fructose, inulin, corn bran, sorbitol, salt, natural flavours (Vanilla). MAY CONTAIN SULPHITES, PEANUTS AND TREE NUTS.



### LOW FAT BANANA & RAISIN

#### Pack Specifications

Qty 6 x 30g  
Weight 180g  
Dimensions 5.75" h x 6.5" l

#### Case Specifications

Qty 12 x 6 x 30g  
Weight 2.16kg

#### Pallet Specifications

Qty 88 x 12 x 6 x 30g  
Weight 190.08kg

#### Nutrition Facts

Amount	% Daily Value
Calories 110	
Fat 1.5 g	2%
Saturated 0.5 g	3%
+Trans 0 g	
Cholesterol 0 mg	
Sodium 80 mg	4%
Carbohydrates 22 g	7%
Fibre 1 g	4%
Sugars 9 g	
Protein 2 g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	2%

Ingredients: Granola cereal (rolled oats, evaporated sugar cane juice, organic crisp rice (organic rice flour, organic evaporated cane juice, salt, calcium carbonate, organic malt extract, organic rice bran extract), wheat flakes, whey powder (milk), soybean oil, honey, molasses, natural flavor (vanilla), glucose-fructose, raisins, whey protein concentrate (milk), banana pieces, honey, soy lecithin, coconut oil, glycerin, salt, natural flavours (banana), sliced almonds. MAY CONTAIN PEANUTS, OTHER TREE NUTS AND SULPHITES.



### LOW FAT BLUEBERRY

#### Pack Specifications

Qty 6 x 30g  
Weight 180g  
Dimensions 5.75" h x 6.5" l

#### Case Specifications

Qty 12 x 6 x 30g  
Weight 2.16kg

#### Pallet Specifications

Qty 88 x 12 x 6 x 30g  
Weight 190.08kg

#### Nutrition Facts

Amount	% Daily Value
Calories 110	
Fat 1.5 g	2%
Saturated 0.5 g	3%
+Trans 0 g	
Cholesterol 0 mg	
Sodium 80 mg	4%
Carbohydrates 22 g	7%
Fibre 1 g	4%
Sugars 8 g	
Protein 2 g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	2%

Ingredients: Granola cereal (rolled oats, evaporated sugar cane juice, organic crisp rice (organic rice flour, organic evaporated cane juice, salt, calcium carbonate, organic malt extract, organic rice bran extract), wheat flakes, whey powder (milk), soybean oil, honey, molasses, natural flavor (vanilla), glucose-fructose, whey protein concentrate (milk), dried organic blueberries (organic blueberries, organic sugar, organic sunflower oil), honey, soy lecithin, glycerin, salt, natural flavor (blueberry), sliced almonds. MAY CONTAIN PEANUTS, OTHER TREE NUTS AND SULPHITES.



### MIXED BERRIES & NUTS

#### Pack Specifications

Qty 5 x 35g  
Weight 175g  
Dimensions 5" h x 5.75" l

#### Case Specifications

Qty 12 x 5 x 35g  
Weight 2.10kg

#### Pallet Specifications

Qty 88 x 12 x 5 x 35g  
Weight 184.80kg

#### Nutrition Facts

Amount	% Daily Value
Calories 120	
Fat 3.5 g	5%
Saturated 0.3 g	2%
+Trans 0 g	
Cholesterol 0 mg	
Sodium 40 mg	2%
Carbohydrates 20 g	7%
Fibre 4 g	16%
Sugars 7 g	
Protein 2 g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	4%

Ingredients: Granola cereal (rolled oats, brown sugar, wheat flakes, brown flax seed meal, soy nuggets (isolated soy protein, tapioca starch, salt), crisp rice (rice flour, sugar, salt, calcium carbonate, barley malt extract, distilled monoglycerides), oat bran, modified milk ingredients, soy fibre, soybean oil, honey, apple juice concentrate, sugar/glucose-fructose, inulin, peanut pieces, diced almonds, dried sweetened cranberry pieces (cranberries, sugar, sunflower oil), corn bran, dried blueberries (cultivated blueberries, sugar), dried raspberries (red raspberries, sugar, sunflower oil), soy lecithin, salt, malic acid, natural flavours (mixed berries). MAY CONTAIN OTHER TREE NUTS AND SULPHITES.



### NUT MEDLEY

#### Pack Specifications

Qty 5 x 35g  
Weight 175g  
Dimensions 5" h x 5.75" l

#### Case Specifications

Qty 12 x 5 x 35g  
Weight 2.10kg

#### Pallet Specifications

Qty 88 x 12 x 5 x 35g  
Weight 184.80kg

#### Nutrition Facts

Amount	% Daily Value
Calories 120	
Fat 3.5 g	5%
Saturated 0.3 g	2%
+Trans 0 g	
Cholesterol 0 mg	
Sodium 40 mg	2%
Carbohydrates 19 g	6%
Fibre 4 g	16%
Sugars 6 g	
Protein 3 g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	4%

Ingredients: Granola cereal (rolled oats, brown sugar, wheat flakes, brown flax seed meal, crisp rice (rice flour, sugar, salt, calcium carbonate, barley malt extract, distilled monoglycerides), soy nuggets (isolated soy protein, tapioca starch, salt), oat bran, modified milk ingredients, soy fibre, soybean oil, honey, apple juice concentrate, sugar/glucose-fructose, peanut pieces, inulin, diced almonds, corn bran, soy lecithin, salt, natural flavours (vanilla). MAY CONTAIN OTHER TREE NUTS AND SULPHITES.



### RASPBERRY

#### Pack Specifications

Qty 6 x 30g  
Weight 180g  
Dimensions 5.75" h x 6.5" l

#### Case Specifications

Qty 12 x 6 x 30g  
Weight 2.16kg

#### Pallet Specifications

Qty 88 x 12 x 6 x 30g  
Weight 190.08kg

#### Nutrition Facts

Amount	% Daily Value
Calories 110	
Fat 1.5 g	2%
Saturated 0.5 g	3%
+Trans 0 g	
Cholesterol 0 mg	
Sodium 80 mg	4%
Carbohydrates 22 g	7%
Fibre 1 g	4%
Sugars 8 g	
Protein 2 g	
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	2%

INGREDIENTS: Granola cereal (rolled oats, organic crisp rice (organic rice flour, organic evaporated cane juice, salt, calcium carbonate, organic malt extract, organic rice bran extract), wheat flakes, brown sugar, whey powder, soybean oil, honey, molasses), glucose-fructose, raspberry juice concentrate, whey protein concentrate, soy lecithin, glycerin, honey, salt, natural flavors (raspberry), freeze dried raspberry pieces, sliced almonds, sorbitol, citric acid. MAY CONTAIN PEANUTS, OTHER TREE NUTS AND SULPHITES.



### STRAWBERRY

#### Pack Specifications

Qty 6 x 30g  
Weight 180g  
Dimensions 5.75" h x 6.5" l

#### Case Specifications

Qty 12 x 6 x 30g  
Weight 2.16kg

#### Pallet Specifications

Qty 88 x 12 x 6 x 30g  
Weight 190.08kg

#### Nutrition Facts

Amount	% Daily Value
Calories 110	
Fat 1.5 g	2%
Saturated 0.5 g	3%
+Trans 0 g	
Cholesterol 0 mg	
Sodium 80 mg	4%
Carbohydrates 22 g	7%
Fibre 1 g	4%
Sugars 8 g	
Protein 2 g	
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	2%

INGREDIENTS: Granola cereal (rolled oats, organic crisp rice (organic rice flour, organic evaporated cane juice, salt, calcium carbonate, organic malt extract, organic rice bran extract), wheat flakes, brown sugar, whey powder, soybean oil, honey, molasses), glucose-fructose, strawberry juice concentrate, whey protein concentrate, soy lecithin, glycerin, honey, salt, natural flavors (strawberry), freeze dried strawberry pieces, sliced almonds, sorbitol, citric acid. MAY CONTAIN PEANUTS, OTHER TREE NUTS AND SULPHITES.