

Q'licious

  /QFoodsCanada




Thaw & Sell

Loaf Cakes & Poppers

Available in pack sizes:

Loaf Cakes
Single Loaf: 390 g
Twin Loaf Cake: 2 x 325 g
Mini Loaf Cakes: 8 x 75 g
Mini Loaf Cakes: 6 x 75 g
Twin Mini Loaf Cakes: 2 x 75g

Poppers
Pack: 30 pcs.
Pack: 12 pcs.
Pack: 6 pcs.
Pack: 4 pcs.

Shelf Life - 6 months Frozen & 7 days thawed



Loaf Cakes

Available in pack sizes:

- Single Loaf: 390 g
- Twin Loaf Cake: 2 x 325 g
- Mini Loaf Cakes: 8 x 75 g
- Mini Loaf Cakes: 6 x 75 g
- Twin Mini Loaf Cakes: 2 x 75g

GOLDEN LOAF CAKE

INGREDIENTS: Enriched wheat flour, sugar, water, liquid whole egg, vegetable oil, modified palm oil, modified corn starch, skim milk powder, sodium aluminum phosphate, salt, propylene glycol esters of fatty acids, sodium bicarbonate, mono and diglycerides, xanthan gum, sodium propionate, color, artificial flavor, soya lecithin.

Nutrition Facts Valeur Nutritive	
Serving size 1 (1/6 loaf) (65 g) Pour 1 portion (1/6 du gâteau) (65 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 240 g	
Fat / Lipides 12 g	19 %
Saturated / saturés 3 g + Trans / trans 0.2 g	17 %
Cholesterol / Cholestérol 50 mg	
Sodium / Sodium 230 mg	10 %
Carbohydrate / Glucides 32 g	10 %
Fibre / Fibres 1 g	2 %
Sugars / Sucres 16 g	
Protein / Protéines 3 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	2 %
Iron / Fer	8 %



CARROT LOAF CAKE

INGREDIENTS: Enriched wheat flour, sugar, carrots, liquid whole egg, canola and/or soya oil, crushed pineapple, whole wheat flour, baking soda, baking powder, propylene glycol, sorbic acid, cinnamon, salt, artificial vanilla extract, sodium propionate. **Contains: milk, eggs, soy, wheat and sulphites.**

Nutrition Facts Valeur Nutritive	
Serving size 1 (1/6 loaf) (65 g) Pour 1 portion (1/6 du gâteau) (65 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 230 g	
Fat / Lipides 10 g	15 %
Saturated / saturés 1 g + Trans / trans 0 g	17 %
Cholesterol / Cholestérol 30 mg	
Sodium / Sodium 340 mg	14 %
Carbohydrate / Glucides 31 g	10 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 17 g	
Protein / Protéines 3 g	
Vitamin A / Vitamine A	35 %
Vitamin C / Vitamine C	4 %
Calcium / Calcium	2 %
Iron / Fer	8 %



LEMON LOAF CAKE

INGREDIENTS: Enriched wheat flour, sugar, water, liquid whole egg, vegetable oil, modified palm oil, modified corn starch, skim milk powder, sodium aluminum phosphate, salt, propylene glycol esters of fatty acids, sodium bicarbonate, mono and diglycerides, xanthan gum, sodium propionate, color, artificial flavor, soya lecithin. **Lemon filling ingredients:** Water, sugar, glucose, modified corn starch, vegetable oil shortening (may contain soya and palm oil), citric acid, salt, sodium citrate, xanthan gum, potassium sorbate, sodium benzoate, artificial flavour, colour (FD&C yellow No.5). Streusel topping: Oats, enriched wheat flour, soya oil margarine, sugar, yellow sugar, cinnamon, artificial vanilla flavour, citric acid.

Nutrition Facts Valeur Nutritive	
Serving size 1 (1/6 loaf) (65 g) Pour 1 portion (1/6 du gâteau) (65 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 250 g	
Fat / Lipides 12 g	19 %
Saturated / saturés 3 g + Trans / trans 0.2 g	17 %
Cholesterol / Cholestérol 50 mg	
Sodium / Sodium 240 mg	10 %
Carbohydrate / Glucides 33 g	11 %
Fibre / Fibres 1 g	2 %
Sugars / Sucres 18 g	
Protein / Protéines 4 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	8 %



BANANA BREAD

TRANS FAT FREE

INGREDIENTS: Bananas, enriched flour, sugar, liquid whole egg, canola/or soya oil, partly skim milk, water, baking soda, baking powder, salt artificial flavor, natural flavor, citric acid, sodium propionate.

Nutrition Facts Valeur Nutritive	
Serving size 1 (1/7 loaf) (66 g) Pour 1 portion (1/7 du gâteau) (66 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 200 g	
Fat / Lipides 7 g	10 %
Saturated / saturés 1 g + Trans / trans 0 g	6 %
Cholesterol / Cholestérol 35 mg	
Sodium / Sodium 320 mg	13 %
Carbohydrate / Glucides 32 g	11 %
Fibre / Fibres 1 g	3 %
Sugars / Sucres 16 g	
Protein / Protéines 3 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	4 %
Calcium / Calcium	4 %
Iron / Fer	10 %



RASBERRY LOAF CAKE

INGREDIENTS: Enriched wheat flour, sugar, water, liquid whole egg, vegetable oil, modified palm oil, modified corn starch, skim milk powder, sodium aluminum phosphate, salt, propylene glycol esters of fatty acids, sodium bicarbonate, mono and diglycerides, xanthan gum, sodium propionate, color, artificial flavor, soya lecithin. **Raspberry filling ingredients:** Water, sugar, glucose-fructose, glucose, modified corn starch, raspberries, artificial flavor, citric acid, salt, xanthan gum, potassium sorbate, sodium citrate, colour (FD&C Red No.40). **Streusel topping:** Oats, enriched wheat flour, soya oil margarine, sugar, yellow sugar, cinnamon, artificial vanilla flavor, citric acid.

Nutrition Facts Valeur Nutritive	
Serving size 1 (1/6 loaf) (65 g) Pour 1 portion (1/6 du gâteau) (65 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 260 g	
Fat / Lipides 12 g	18 %
Saturated / saturés 3 g + Trans / trans 0.2 g	17 %
Cholesterol / Cholestérol 50 mg	
Sodium / Sodium 240 mg	10 %
Carbohydrate / Glucides 34 g	11 %
Fibre / Fibres 1 g	2 %
Sugars / Sucres 19 g	
Protein / Protéines 4 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	8 %



MARBLE LOAF CAKE

INGREDIENTS: Sugar, enriched wheat flour, water, liquid whole egg, vegetable oil, modified corn starch, skim milk powder, salt, sodium aluminum phosphate, sodium bicarbonate, propylene glycol esters of fatty acids, mono and diglycerides, xanthan gum, sodium propionate, color, artificial flavor, soya lecithin.

Nutrition Facts Valeur Nutritive	
Serving size 1 (1/6 loaf) (65 g) Pour 1 portion (1/6 du gâteau) (65 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 240 g	
Fat / Lipides 12 g	19 %
Saturated / saturés 3 g + Trans / trans 0.2 g	17 %
Cholesterol / Cholestérol 50 mg	
Sodium / Sodium 260 mg	11 %
Carbohydrate / Glucides 30 g	10 %
Fibre / Fibres 1 g	3 %
Sugars / Sucres 17 g	
Protein / Protéines 3 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	8 %



Poppers

Available in pack sizes:

- Pack: 30 pcs.
- Pack: 12 pcs.
- Pack: 6 pcs.
- Pack: 4 pcs.



CHOCOLATE CHIP POPPERS

INGREDIENTS: Enriched wheat flour, sugar, water, liquid whole egg, canola and/or soya oil, modified palm oil, modified corn starch, skim milk powder, salt, propylene glycol esters of fatty acids, sodium bicarbonate, mono and diglycerides, xanthan gum, sodium propionate, color, artificial flavor, soya lecithin. **Chocolate Chips:** Sugar, partially hydrogenated palm kernel oil, cocoa, dextrose, soya lecithin. **Contains: milk, eggs, soy, wheat and sulphites.**

Nutrition Facts Valeur Nutritive	
Serving size 4 pcs (80 g) Pour 1 portion 4 pcs (80 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 390 g	
Fat / Lipides 20 g	31 %
Saturated / saturés 6 g + Trans / trans 0.3 g	33 %
Cholesterol / Cholestérol 70 mg	0 %
Sodium / Sodium 360 mg	16 %
Carbohydrate / Glucides 51 g	17 %
Fibre / Fibres 2 g	8 %
Sugars / Sucres 32 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	15 %



MARBLE POPPERS

INGREDIENTS: Sugar, enriched wheat flour, water, liquid whole egg, vegetable oil, modified corn starch, cocoa, skim milk powder, salt sodium aluminum phosphate, sodium bicarbonate, propylene glycol esters of fatty acids, mono and diglycerides, xanthan gum, sodium propionate, color, artificial flavor, soya lecithin.

Nutrition Facts Valeur Nutritive	
Serving size 1 popper (18 g) Portion 1 popper (18 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 80 g	
Fat / Lipides 2.5 g	4 %
Saturated / saturés 1 g + Trans / trans 0 g	5 %
Cholesterol / Cholestérol 10 mg	
Sodium / Sodium 105 mg	4 %
Carbohydrate / Glucides 12 g	4 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 7 g	
Protein / Protéines 1 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	2 %



CARROT SPICE POPPERS

INGREDIENTS: Unbleached all-purpose flour, sugar, carrots, vegetable oil, liquid whole egg, crushed pineapple, whole wheat flour, baking soda, baking powder, cinnamon, salt, artificial vanilla extract, sodium propionate.

Nutrition Facts Valeur Nutritive	
Serving size 4 pcs (80 g) Pour 1 portion 4 pcs (80 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 310 g	
Fat / Lipides 14 g	21 %
Saturated / saturés 1 g + Trans / trans 0.2 g	7 %
Cholesterol / Cholestérol 40 mg	0 %
Sodium / Sodium 460 mg	19 %
Carbohydrate / Glucides 43 g	14 %
Fibre / Fibres 2 g	6 %
Sugars / Sucres 24 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine A	45 %
Vitamin C / Vitamine C	6 %
Calcium / Calcium	2 %
Iron / Fer	10 %



BANANA POPPERS

INGREDIENTS: Bananas, enriched flour, sugar, liquid whole egg, canola/or soya oil, partly skim milk, water, baking soda, baking powder, salt artificial flavor, natural flavor, citric acid, sodium propionate.

Nutrition Facts Valeur Nutritive	
Serving size 1 (20 g) / Pour 1 portion (20 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 70 g	
Fat / Lipides 2.5 g	4 %
Saturated / saturés 0.4 g + Trans / trans 0 g	2 %
Cholesterol / Cholestérol 10 mg	
Sodium / Sodium 115 mg	5 %
Carbohydrate / Glucides 12 g	4 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 6 g	
Protein / Protéines 1 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	2 %
Iron / Fer	4 %



CHOCOLATE FILLED POPPERS

INGREDIENTS: Sugar, enriched wheat flour, water, liquid whole egg, vegetable oil, modified corn starch, cocoa, skim milk powder, salt sodium aluminum phosphate, sodium bicarbonate, propylene glycol esters of fatty acids, mono and diglycerides, xanthan gum, sodium propionate, color, artificial flavor, soya lecithin. **Chocolate Filling:** Water, glucose-fructose, glucose, sugar, modified corn starch, cocoa, milk ingredients, canola oil, sorbitol, glucono delta lactones, microcrystalline cellulose, sodium carboxymethyl cellulose, salt, natural & artificial flavor, potassium sorbate, polysorbate 60.

Nutrition Facts Valeur Nutritive	
Serving size 4 pcs (80 g) Portion 4 pcs (80 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 340 g	
Fat / Lipides 16 g	24 %
Saturated / saturés 4 g + Trans / trans 0.2 g	21 %
Cholesterol / Cholestérol 65 mg	
Sodium / Sodium 340 mg	14 %
Carbohydrate / Glucides 46 g	15 %
Fibre / Fibres 1 g	5 %
Sugars / Sucres 27 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	4 %
Iron / Fer	10 %



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