



**Low fat,  
so delicious.**

## Low Fat Egg White Patties

**We've done the work for you.**

We separated the whites from farm fresh eggs and seasoned them just right. Then we cooked them up to make perfect patties, so you can **cut the fat and cholesterol without cutting taste** - every single time.

Let Q Foods Canada help streamline your menu costs and kitchen prep time. **Contact us today.**

**ZERO  
CHOLESTEROL  
1/2 THE  
SODIUM\***



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We've done the work for you.

**HEATING INSTRUCTIONS\***

For best results, prepare patties from a fully- or semi- thawed state.

Heat to an internal temperature of 165°F (74°C).

**Can be reheated using:**

- steamer (recommended)
- retherm oven
- convection oven - flat top grill
- panini press - microwave

**MENU IDEAS**

Pair with meats and/or cheese to build delicious breakfast sandwiches or let them inspire you to create your own unique menu items.

**STORAGE AND SHELF LIFE**

Store frozen at

-18°C (0°F) or colder.

Once thawed, do not refreeze.

Refrigerate thawed product

at 4°C (39°F) or colder

and use within 3 days.

**Shelf Life = 9 months**

**Nutrition Facts**

Amount	% Daily Value
<b>Serving Size 57 g</b>	
<b>Calories</b> 37.05	
<b>Fat</b> 0.57 g	<b>1%</b>
Saturated 0.10 g	
+ Trans 0.01 g	<b>1%</b>
<b>Cholesterol</b> 1.14 mg	
<b>Sodium</b> 142.5 mg	<b>6%</b>
<b>Carbohydrate</b> 1.88 g	<b>1%</b>
Fibre 0.34 g	<b>0%</b>
Sugars 0.68 g	
<b>Protein</b> 6.10 g	
Vitamin A 0 RE	<b>0%</b>
Vitamin C 0 mg	<b>0%</b>
Calcium 24.51 mg	<b>2%</b>
Iron 0 mg	<b>0%</b>

**INGREDIENTS:**

Egg White, Water, Skim Milk Powder, Modified Corn Starch, Modified Milk Ingredients, Liquid Butter Alternative [Soybean Oil, Hydrogenated Soybean Oil with Salt, Soy Lecithin, Artificial Flavour, TBHQ and Citric Acid added as preservatives, Artificial Colour], Salt, Xanthan Gum.

**ALLERGENS:** Egg, milk, soy.



**Low Fat Egg White Patties**

130 x 57 g (2 oz)



- **only 0.5 g of fat and only 1.1 mg of cholesterol**
- **less than 1/2 the sodium and 1/3 the calories of whole egg patties<sup>1</sup>**
- made from farm fresh egg whites
- re-heat from frozen or thawed
- prepared using proprietary technologies for a lighter, fluffier egg texture

**KITCHEN BENEFITS**

- **ideal for reduced fat, reduced calorie and/or reduced cholesterol diets**
- Especially suited to health and long-term care food service operations
- consistent taste, appearance & product performance
- pre-portioned and ready to heat-and-serve
- ideal for portion control & menu cost planning
- frees up labour and improves operation efficiency

Order Code	Product Description	Pack Size	Format	Shelf Life	SCC
30020	Low Fat Egg White Patties	130 x 57 g (2 oz)	7.4 kg case	9 months	006 65079 30020 0

**Also available from Q Foods Canada:**

- Oven Baked Egg Patties, 1.75 oz (30606)
- Grilled Egg Patties, 1.5 oz (30004)

Our value-add eggs add value to your bottom line. Let Q Foods Canada help streamline your menu costs and kitchen prep time. **Contact us today.**



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