



Cheesy taste
in every bite

Shredded Cheese Omelet



We've done the work for you.

We cracked farm fresh eggs and seasoned them just right. Then we **blended in shredded cheeses** and skillet cooked them, for homestyle appearance and cheesy taste - **every single time.**

Let Q Foods Canada help streamline your menu costs and kitchen prep time. **Contact us today.**



Q Foods
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HEATING INSTRUCTIONS*

For best results, prepare omelets from a fully- or semi- thawed state.

Heat to an internal temperature of 165°F (74°C).

Can be reheated using:

- steamer (recommended)
- retherm oven
- convection oven
- flat top grill
- panini press
- microwave

STORAGE AND SHELF LIFE

Store frozen at

-18°C (0°F) or colder.

Once thawed, do not refreeze.

Refrigerate thawed product

at 4°C (39°F) or colder

and use within 3 days.

Shelf Life = 1 year

Nutrition Facts	
Serving Size 85 g	
Calories 113.13	% Daily Value*
Fat 7.06 g	11 %
Saturated 2.48 g	
+ Trans 0.08 g	13 %
Carbohydrate 2.21 g	
Fibre 0.17 g	0 %
Sugars 1.19 g	1 %
Protein 9.67 g	
Cholesterol 158.50 mg	
Sodium 366.74 mg	15 %
Potassium 123.02 mg	3 %
Vitamin A 55.56 RE	6 %
Vitamin C 0.10 mg	0 %
Calcium 82.74 mg	8 %
Iron 0.78 mg	6 %
*5% or less is a little 15% or more is a lot	

INGREDIENTS:

Whole egg, egg white, water, shredded cheddar cheese [cheddar cheese (milk, bacterial culture, salt, calcium chloride, colour, microbial enzyme) cellulose], shredded processed cheese [cheese, (milk, bacterial culture, salt, calcium chloride, lipase, microbial enzyme, colour), natural cheese flavour, modified milk ingredients, sodium phosphate, cellulose, lactic acid, salt, sorbic acid, citric acid, colour], skim milk powder, soybean oil, natural flavours, modified corn starch, salt, xanthan gum, annatto, citric acid.

ALLERGENS:

Egg, milk, soy.



Shredded Cheese Omelet

48 x 85 g (3 oz)

- made with farm fresh eggs and real shredded cheddar cheese
- blended cheese recipe ensures cheesy flavour in every bite
- re-heat from frozen or thawed

KITCHEN BENEFITS

- suitable for all types of food service operations
- blended cheese recipe optimizes cost per portion¹ and cheesy taste
- consistent taste, homestyle appearance & product performance
- frees up labour and improves operation efficiency

Order Code	Product Description	Pack Size	Format	Shelf Life	SCC
30171	Shredded Cheese Omelet	48 x 85 g (3 oz)	4.08 kg case	1 year	006 65079 30171 9

Also available from Q Foods Canada:

- Cheddar Cheese Skillet Omelet (30169)
- Garden Vegetable Cheese Omelet (30175)
- Western Skillet Frittata® (30186)
- Zero Cholesterol Plain Skillet Omelet (30165)
- Plain Skillet Omelet (30168)

Our value-add eggs add value to your bottom line. Let Q Foods Canada help streamline your menu costs and kitchen prep time. **Contact us today.**



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