



The classic
omelet.

Plain Skillet Omelet



We've done the work for you.

We cracked farm fresh eggs and seasoned them just right.

Then we skillet cooked them so you get that **homestyle omelet look**

- every single time.

Let Q Foods Canada help streamline your menu costs and kitchen prep time. **Contact us today.**



Q Foods
Canada

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for you.

HEATING INSTRUCTIONS*

For best results, prepare omelets from a fully- or semi-thawed state.

Heat to an internal temperature of 165°F (74°C).

Can be reheated using:

- steamer (recommended)
- retherm oven
- convection oven - flat top grill
- panini press - microwave

MENU IDEAS

Re-heat and serve as is or stuff them to create your own signature omelet.

STORAGE AND SHELF LIFE

Store frozen at -18°C (0°F) or colder. Once thawed, do not refreeze. Refrigerate thawed product at 4°C (39°F) or colder and use within 3 days.

Shelf Life = 1 year

Nutrition Facts

Serving Size 85 g	
Amount	% Daily Value
Calories 123.99	
Fat 8.36 g	13%
Saturated 2.70 g	
+ Trans 0.034 g	14%
Cholesterol 290.82 mg	
Sodium 296.59 mg	12%
Carbohydrate 2.52 g	1%
Fibre 0.068 g	0%
Sugars 0.706 g	
Protein 8.98 g	
Vitamin A 91.19 RE	10%
Vitamin C 0.15 mg	0%
Calcium 51.94 mg	4%
Iron 0.98 mg	8%

INGREDIENTS:

Whole eggs, water, whole milk powder, soybean oil, modified food starch, salt, xanthan gum, citric acid.

ALLERGENS:

Egg, milk, soy.



Plain Skillet Omelet

48 x 85 g (3 oz)

- an ideal menu alternative to scrambled eggs
- made from farm fresh eggs
- homestyle taste and appearance
- re-heat from frozen or thawed
- prepared using proprietary technologies for a lighter, fluffier egg texture

KITCHEN BENEFITS

- suitable for all types of food service operations - restaurants, deli, catering, health care
- consistent taste, appearance & product performance
- pre-portioned and ready to heat-and-serve
- ideal for portion control & menu cost planning
- frees up labour and improves operation efficiency

Order Code	Product Description	Pack Size	Format	Shelf Life	SCC
30168	Plain Skillet Omelet	48 x 85 g (3 oz)	4.08 kg case	1 year	106 65079 30168 6

Also available from Q Foods Canada:

- Cheddar Cheese Skillet Omelet (30169)
- Garden Vegetable Cheese Omelet (30175)
- Western Skillet Frittata® (30186)
- Zero Cholesterol Plain Skillet Omelet (30165)

Our value-add eggs add value to your bottom line. Let Q Foods Canada help streamline your menu costs and kitchen prep time. **Contact us today.**



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