



Eggs & cheese:
the perfect
combination.

Cheddar Cheese Skillet Omelet



We've done the work for you.

We cracked farm fresh eggs and seasoned them just right. Then we **skillet cooked them and added real cheddar cheese**, so you get the perfect, homestyle cheddar omelet - **every single time.**

Let Q Foods Canada help streamline your menu costs and kitchen prep time. **Contact us today.**



Q Foods
Canada

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for you.

HEATING INSTRUCTIONS*

For best results, prepare omelets from a fully- or semi- thawed state.

Heat to an internal temperature of 165°F (74°C).

Can be reheated using:

- steamer (recommended)
- retherm oven
- convection oven
- flat top grill
- microwave

STORAGE AND SHELF LIFE

Store frozen at -18°C (0°F) or colder. Once thawed, do not refreeze. Refrigerate thawed product at 4°C (39°F) or colder and use within 3 days.

Shelf Life = 1 year

Nutrition Facts	
Serving Size 99 g	
Amount	% Daily Value
Calories 180	
Fat 13 g	20%
Saturated 5 g	
+ Trans 0.2 g	28%
Cholesterol 305 mg	
Sodium 390 mg	16%
Carbohydrate 3 g	1%
Fibre 0 g	0%
Sugars 1 g	
Protein 12 g	
Vitamin A 126 RE	15%
Vitamin C 0.1 mg	0%
Calcium 154 mg	15%
Iron 1 mg	8%

INGREDIENTS:

Whole eggs, cheddar cheese [pasteurized milk, cheese culture, salt, enzymes, annatto (colour)], water, whole milk powder, soybean oil, modified food starch, salt, xanthan gum, citric acid.

ALLERGENS:

Egg, milk, soy.



Cheddar Cheese Skillet Omelet

48 x 99 g (3.5 oz)

- a great alternative to scrambled eggs or plain omelets
- made from farm fresh eggs and real Cheddar cheese
- homestyle taste and appearance
- re-heat from frozen or thawed
- prepared using proprietary technologies for a lighter, fluffier egg texture

KITCHEN BENEFITS

- suitable for all types of food service operations - restaurants, cafeterias, health and long-term care, recreational facilities, etc.
- consistent taste, appearance & product performance
- pre-portioned and ready to heat-and-serve
- ideal for portion control & menu cost planning
- frees up labour and improves operation efficiency

Order Code	Product Description	Pack Size	Format	Shelf Life	SCC
30169	Cheddar Cheese Skillet Omelet	48 x 99 g (3.5 oz)	4.75 kg case	1 year	106 65079 30169 3

Also available from Q Foods Canada:

- Plain Skillet Omelet (30168)
- Garden Vegetable Cheese Omelet (30175)
- Western Skillet Frittata® (30186)
- Zero Cholesterol Plain Skillet Omelet (30165)

Our value-add eggs add value to your bottom line. Let Q Foods Canada help streamline your menu costs and kitchen prep time. **Contact us today.**



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